

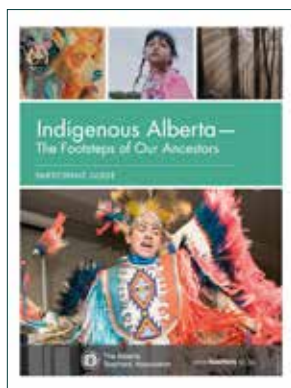
# Applying Foundational Knowledge About First Nations, Métis and Inuit

**These workshops provide participants with an opportunity to strengthen their foundational knowledge of First Nations, Métis and Inuit.**



## **Braiding Indigenous Stories Through Our History—Collective Memories of Forced Assimilation**

Participants will engage in an exploration of historical implications of forced assimilation within Canada through storytelling. Perspectives of First Nations, Métis, Inuit and the Crown are woven throughout this participatory workshop, providing a deeper understanding of the impacts of policies and legislation and are contrasted with examples of resiliency. Participants will gain a better understanding of historical and contemporary realities of First Nations, Métis and Inuit, and learn about initiatives that contribute towards reconciliation.



## **Indigenous Alberta: The Footsteps of Our Ancestors**

This workshop will introduce participants to the rich indigenous cultural and linguistic diversity of Alberta. Topics will include: terminology related to identity, recognition of territory, significant ancestral landscapes related to locations of celebrations and traditions that come to life through song and dance, addressing myths and misconceptions and a brief historical timeline. Participants will explore common myths and misconceptions and engage in a brief historical timeline.

### **► TO BOOK A WORKSHOP**

Contact Professional Development at Barnett House at 780-447-9485 or 1-800-232-7208 or at [pdworkshops@ata.ab.ca](mailto:pdworkshops@ata.ab.ca).

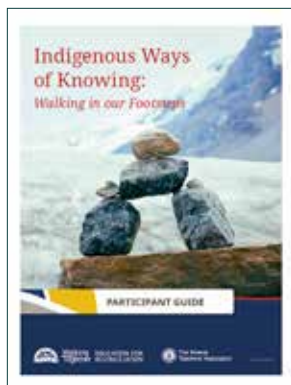
In 2018/19 the fee for Walking Together: Education for Reconciliation workshops will be covered through grant funds.



**Walking Together** EDUCATION FOR RECONCILIATION

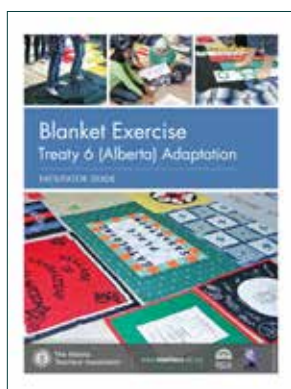


**The Alberta Teachers' Association**



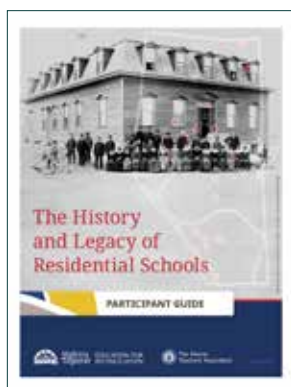
## Indigenous Ways of Knowing: Walking in our Footsteps

This workshop is designed to be an introduction to some basic First Nation, Métis and Inuit worldviews, cultural beliefs and values. It is neither a comprehensive nor an exhaustive exploration of indigenous ways of knowing, but rather a series of focused conversation starters for groups of educators engaged in reconciliation. Worldviews and ways of knowing are like stones thrown into the water from which other circles grow. Participants will gain an understanding and appreciation of First Nations, Métis and Inuit Peoples by learning about diverse, traditional and contemporary experiences unique to them.



## The Blanket Exercise

The Blanket Exercise is a participatory workshop in which educators will experience over 500 years of history by taking on the roles of Indigenous peoples in Canada. Standing on blankets that represent the land, they will walk through time and explore the impacts of colonization, treaty-making, and modern legislation. The Blanket Exercise is concluded by a facilitated debriefing in which participants have the opportunity to discuss the experience as a group. By engaging participants on an emotional and intellectual level, this workshop is a powerful tool for increasing empathy and understanding.



## The History and Legacy of Residential Schools (Eng)

This workshop examines the history, impacts and legacy of residential schools, including the effects of intergenerational trauma. Tools, resources and strategies that contribute to the development of mutually respectful relations between indigenous and non-Indigenous Canadians will be explored. Participants will leave honouring the Truth and Reconciliation Commission's calls to action and make a professional and personal commitment to action.



## Histoire et séquelles du régime de pensionnats (Fr)

Cet atelier examine l'histoire, les repercussions et les séquelles du régime de pensionnats, y compris les effets des traumatismes intergénérationnels. Les enseignants y obtiendront des outils, ressources et stratégies pouvant contribuer au développement de relations fondées sur le respect mutuel entre Canadiens autochtones et non autochtones. À la fin de l'atelier, les participants seront prêts à honorer les appels à l'action de la Commission de vérité et réconciliation en plus d'être déterminés à agir, tant sur le plan professionnel que personnel.

